

# Spring Meadows Farm LLC

## Lesson Policies

### Attire

Riders are required to wear long jeans and boots with a heel during every lesson. An ASTM/SEI approved riding helmet must be worn whenever mounted—no exceptions. Helmets may be borrowed from Spring Meadows Farm LLC or riders may bring their own. Those with long hair must have it braided, tied-back, or secured in such a way that it does not hang in their face (a major distraction) and so their helmet fits securely and comfortably. Riders should dress for the weather as they may be riding outdoors. Jackets, long johns, and no slip gloves are necessities in the fall and winter. In the summer riders should wear light cotton tops and sunscreen.

### Timing

It is important that all riders be on time. It is advised that new beginning riders arrive 5 minutes before their lesson as the lesson starts at the designated time, not when the rider arrives, and ends at the designated time. After learning how to groom and tack up on their own, riders are encouraged to arrive a little early to get their horse ready to maximize their riding times. For advanced riders, they are required to have their horse groomed, tacked, and warmed up by the start of the lesson.

### Cancellations

If you will be missing a class, please contact the instructor by phone at least 2 hours prior to your scheduled lesson. If the instructor needs to cancel then you will be afforded the same courtesy. If you contact your instructor with less than 2 hours until your scheduled ride you will be charged for a 1/2hr lesson (\$30) unless it is an emergency. If your instructor cancels with less than two hours you will be granted a free 30 min lesson. If you fail to show up without notice you will be charged for the lesson the next time you come out.

### Content

Each lesson teaches the rider not only riding skills, but is planned to teach a rider partnership with their mount. This partnership and bonding begins before the student ever mounts up to ride. That is why each lesson includes a portion of “ground work.” Working with the horse from the ground, even with simple relationship building tasks such as grooming and tacking up, will enhance the entire experience for both horse and rider.

As riders progress, they are introduced to new riding skills and well as stable management and horse care such as: show grooming, health care, tack selection and care, feeding, stabling,

anatomy, breeds, different disciplines and more. These subjects are taught with the rider's age, interests and riding skill level in mind. Some riders may become horse owners, others may decide to full or half-lease a suitable horse, and some will simply enjoy their experience in riding and taking care of the horses. Complete horsemanship lessons will enhance the safety and enjoyment for all riders.

### Structure

All lessons offered are private, 1 hour lessons for adults and private 30 min lessons for those riders under 6 years of age. This is to ensure that the rider is receiving the full attention of the instructor and also makes them feel very special. The first ride a new rider receives is on a lounge line. This is where the instructor has control of the horse while the rider is mounted. Students must know their safety rules and feel comfortable before being allowed off the line.

Students under the age of 14 are required to have a parent/guardian present at all times unless prior arrangements have been made in writing and agreed to by all parties.

I have read the Lesson Policies and agree to all information and I have received a copy for my personal files.

Student Name

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Parent Name (if participant is under 18)

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Signature

Date

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(Parent/Guardian if participant under 18)